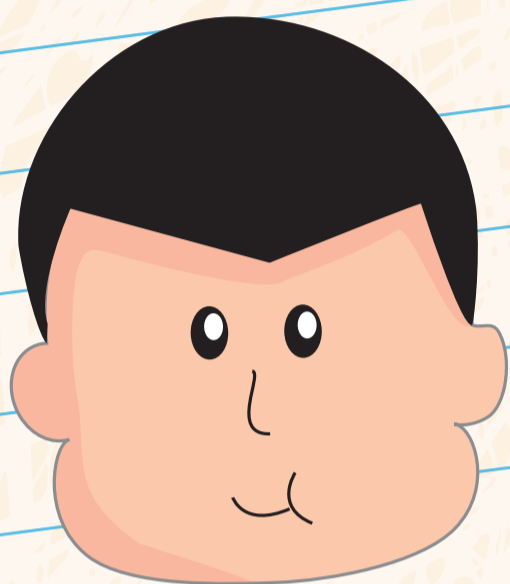


Sputum Collection Procedure

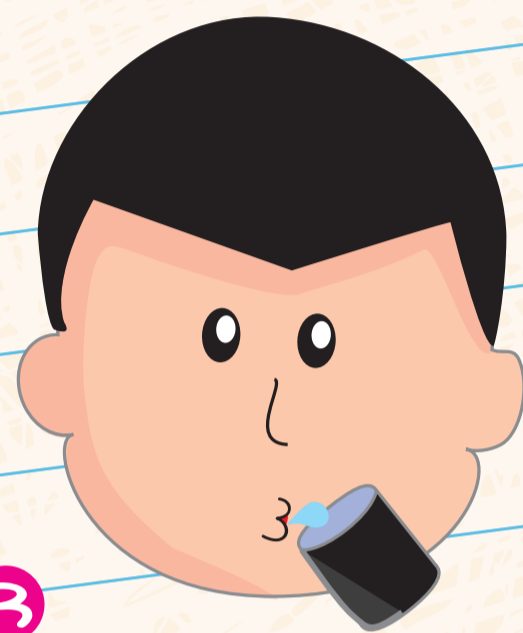
Quality sputum is crucial for sputum examination. If the specimen is not collected by deep coughing, or it is contaminated by food particles, it may lead to a false negative or false positive result.



1 Rinse your mouth with water



2 Take several deep breaths and cough up the sputum



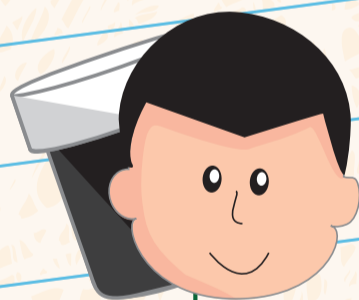
3

Hold the sputum container close to your mouth. Spit into the container without contaminating its outside



4 Screw the lid of container tightly. Wipe clean any spillage on the outside of the container

Repeat steps 2 and 3 several times.



5

Bring the sputum bottle to the chest clinic as soon as sputum is collected. If this is impossible, put the sputum bottle inside a sealed plastic bag for temporary storage at the bottom shelf inside the fridge for no more than a day

Chest Clinic

Tips

- It is the best specimen when you cough up first thing in the morning.
- Collect the specimen after deep coughing.
- Go either outdoor or stay near an open window when collecting the sputum specimen.
- Keep the sputum container properly closed, and its outside clean.